

PURPOSE QUEST 2020



Are you ready to explore your Soul's Calling and live a life with deeper meaning? Do you feel there is something significant you are meant to do and to have more impact, but you don't know how to find it? As a leader do you want to lead from your higher purpose to bring the best out in yourself and the people you lead? Then it's time for a

Purpose Quest

You'll discover

Your True Purpose® - a personal articulation of your higher purpose: your essence, your unique impact you bring to the world.

A partnership between your ego and your inner wisdom voice - a powerful alliance which can support you in living with authenticity and with newfound confidence.

Your personality patterns and deeper motives - you will learn how they support your purpose, what blind spots you might have and unique gateways for development.

Guidance - how to take your Purpose into your life and work.

Transformational Group Process

12 Video Coaching Sessions – a great alchemy of coaching, personal self-discovery, group reflection, meditative practices and other useful life tools

International Group - a group of like-minded leaders from across the world.

Buddies (optional) – to support your individual journeys.

Small intimate group size – 4 to 6 people is a perfect group size to give everyone individual coaching and reflections from the group

Additional Benefits

2 x Mastermind Sessions (value EUR 150) – Sessions to deepen your personal learning and discovery.

Enneagram Report (value EUR 50) - a group of like-minded leaders from across the world.

Enneagram Coaching (value EUR 200) – 90 min. individual Enneagram Coaching to understand your individual deeper motivation, your strengths/ challenges and blind spots

Course Materials: Audio Meditation Files, unlimited online support, handouts and study material

ROAD MAP 2020

February 18th – June 9th



Session	Date/ Time	Key Themes	Session	Date/ Time	Key Themes
1	Tuesday, Feb 18 2pm CET, 8am EST, 3pm Cape Town, 9pm SG	Kick-off, Agreements, Get to know the group, True Purpose® Framework, Enneagram	MM #1	Tuesday, Apr 14 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	<u>Optional Session:</u> Checking in on your journeys and help with whatever is needed.
2	Tuesday, Feb 25 2pm CET, 8am EST, 3pm Cape Town, 9pm SG	Purpose Hunting, Enneagram	8	Tuesday, Apr 21 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief validated Purpose Info, Sorting Purpose Information Intro AI with Parts
3	Tuesday, Mar 3 2pm CET, 8am EST, 3pm Cape Town, 9pm SG	Purpose Hunting, Ego Concerns, Fears – Ego Conditions, Enneagram	9	Tuesday, May 5 2pm CET, 8am EST, 2pm Cape Town, 8pm SG time	AI with Parts, Blessing, Mission details, Intro Purpose Statements.
4	Tuesday, Mar 10 2pm CET, 8am EST, 3pm Cape Town, 9pm SG	Ego Conditions, Worst Case Scenario, Enneagram, Intro Trusted Source (Intuition)	MM #2	Tuesday, May 12 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	<u>Optional Session:</u> Checking in on your journeys and help with whatever is needed.
5	Tuesday, Mar 24 1pm CET, 8am EST, 2pm Cape Town, 8pm SG	Finalize Ego permission, Intro Direct Access (Guided Meditation)	10	Tuesday, May 19 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief and choose Purpose Statement. Intro to Purpose Practices, Purposeful Living
6	Tuesday, Mar 31 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief Guided Meditation, Other Direct Access Methods,	11	Tuesday, May 26 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief Purpose Practices Purpose Manifestation, (Purposeful marketing)
7	Tuesday, Apr 7 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief Direct Access, Validation, Blessing details	12	Tuesday, Jun 9 2pm CET, 8am EST, 2pm Cape Town, 8pm SG	Debrief Manifestation, Reflection & Celebration

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Here is what previous Purpose Quest Participants have said:

"Monika embraced our seminar with a complete presence (da sein) of her soul, spirit and psyche. She remained down-to-earth, while offering extremely advanced insights and knowledge that only someone, who fully understands this method and has accumulated life experiences could do. Monika is an extremely intelligent, sensitive, perceptive person. I would highly recommend Monika's Purpose Seminar to anyone ready to delve deeper into their soul and discover fantastic tools to get you there."
Kimberly B., Director, Germany

"Thank you, Monika, for your guidance and support on my journey to discover my purpose. I consider myself a pragmatic and logical individual and I was blown away at the insights the Purpose Coaching process revealed. An effective mix of theory, coaching and deep reflection led me to decisions that have put my life on a completely new and exciting trajectory."
Torben P., Managing Director, China

"The most transformational and informative course I have ever taken. It has given me a new way to live purposefully and the skills to continue to do so."
Deanna S., Head of Group Innovations, Australia

This journey was emotional! It opened me up, made me break and then empowered and inspired me. I could not have done it without Monika's guidance who was able to read my emotions, mentally and spiritually at any given time and incredibly helped me through it.
Karen, Senior Business Development, Australia

If timing in Feb-June does not work for you, please let me know. I am offering subsequent Purpose Quests over the year. The next Purpose Quest will start April 8th (Wednesdays) and run through July 15th.

Cost **EUR:** 990,00 (Continental Europe) **GBP:** 880,00 (Great Britain) **USD:** 1,190.00 (United States)

If you live in a country outside Europe/ Britain and the United States, please reach out to inquire about pricing.